



BOOSTING YOUR FAMILY'S IMMUNE SYSTEM

For **back** to school season





OUR MISSION!

To **decrease** the
risk of **illnesses**
spreading





TIPS TO BOOST YOUR FAMILY'S IMMUNE HEALTH

For a **successful & healthy**
return to school.



EAT WELL & STAY HYDRATED



PROPER
NUTRITION



AVOID EXCESS
OF SUGAR
& processed food



PACK YOUR
CHILD'S LUNCH

Fruit, vegetables, lean
protein, healthy fats...



ENCOURAGE YOUR
CHILD TO EAT HEALTHY

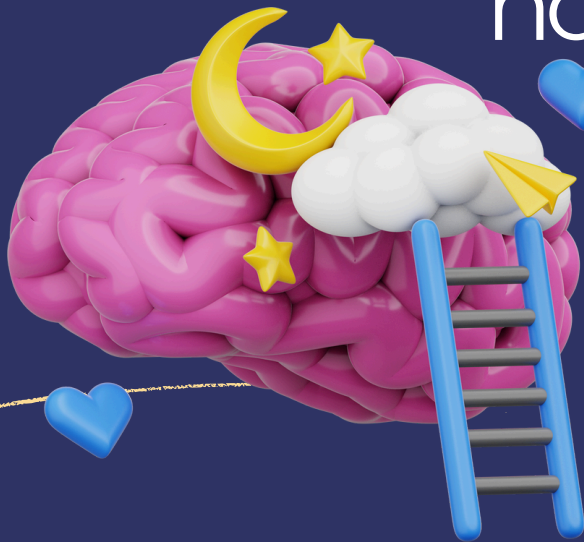


DRINK ENOUGH
WATER



KEEP YOUR REST AND ACTIVITY IN BALANCE

- Adequate sleep 10 to 12 hours or 8 to 10 hours for adolescents
- Regular exercise
- Manage stress





PRACTICE GOOD HYGIENE

- Wash your **hands** with soap and water for **20 seconds**
- **Avoid** touching face, nose, mouth
- Schedule your child's **annual exam**.
 - Have up to date **vaccines**





TAKE PROACTIVE STEPS TO START THE SCHOOL YEAR ON THE RIGHT FOOT

- Boost immune system
 - Good hygiene
 - Healthy eating
- Stress management



BOOST YOUR IMMUNE SYSTEM





LE'VIVE YELLOW



Promotes cellular health



Fortifies Antioxidants



Provides Nutrient Synergy



Support strong immunity



Improves heart health



Boost energy metabolism

CELLULAR NUTRITION
BIOFOOD



LE'VIVE RED



Reduces oxidative stress



Increases mitochondrial function



Fights inflammaging



Greater metabolism and energy



Strengthens immunity



Improves blood health

CELLULAR NUTRITION
BIOFUEL



SHIELD



- ❄️ Shortens the duration of the common cold
- 👐 Supports respiratory health
- ✅ Boosts the immune system
- ⚡ Can naturally increase energy
- ⚙️ High antioxidant power
- ❄️ Relieves cold, flu, and sore throat symptoms



TESTIMONIALS!

* TAKE ACTION

TODAY!

