

7 + 1

DO FOR YOU?

This coffee is not just a comforting drink; it is a wellness experience with every sip. Our unique blend combines the taste of premium coffee with the benefits of 4 carefully selected mushrooms and 3 natural herbs, creating a synergy that boosts your energy, improves your focus, and strengthens your overall health.

Discover the secrets of each mushroom in our **Gourmet Cappuccino 7 + 1**:



COFFEE:

- •Our coffee not only delights your palate but also provides additional benefits, such as a high concentration of antioxidants.
- It stimulates the brain, enhances physical performance, and accelerates weight loss.
- Reduces blood sugar levels and contributes to the prevention of neurodegenerative diseases such as Parkinson's and Alzheimer's.



Nutrition Facts

15 Servings Per Pouch **Serving Size: 30g**

Amount per serving Calories:	140
Total Fat 5.0g	
Saturated Fat 5.0g	6%
Trans Fatty Acid Og	25%
Cholesterol Omg	
Sodium 35g	0%
Total Carbohydrate 22g	2%
Total Dietary Fiber 2g	2%
Total Sugars 8g	8%
Includes Added Sugar 6g	
Protein 1g	12%

0mcg 30mg 0mg 230mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



LION'S MANE:

- Has been revered for its powerful properties as it can become an ally in the fight against dementia.
- With two powerful compounds: Hericenones and Erinacines, which stimulate the growth of brain cells.
- Additionally, it has been discovered to be beneficial for those suffering from diabetes.



GANODERMA:

- Ganoderma strengthens and enhances the immune system, benefiting both patients and regular individuals.
- It aids in the circulatory system and specifically in heart health, providing comprehensive support for various body systems.



CHAGA:

- This mushroom helps improve cellular oxygenation, supports the liver in its detoxification activity, and contributes to the cardiovascular system.
- It rebalances the neuroendocrine system and enhances male and female fertility, known as the "Viagra of the Himalayas."
- Stimulates anti-aging, providing your body with a natural defense against aging.



CORDYCEPS:

- Recognized as the ideal companion for everyday life, Cordyceps acts as a powerful antioxidant.
- It is an ally in times of stress, supporting the immune system and combating inflammation.
- It increases the body's energy and endurance levels, protecting cells against free radicals and oxidative stress in lymphocyte DNA.



MACA:

- Rich in fibers, essential amino acids, fatty acids, vitamin C, iron, and calcium, Maca regulates sexual dysfunction and protects neurons.
- It acts as an antidepressant, antioxidant, and contributes to cancer prevention, also serving as an anti-inflammatory.



GINSENG:

- Promotes overall well-being, improving energy and physical and emotional health.
- Helps combat fatigue and tiredness, providing a natural boost to face daily challenges.



TONGKAT ALI

- A medicinal herb from Asia, Tongkat Ali has historically been used as an antimicrobial, aphrodisiac, and antidiabetic.
- With preventive properties against fevers and a rich history in malaria cases, Tongkat Ali is a valuable addition to our unique blend.

