




STATISTICS



- ✓ Coffee is one of the **most popular beverages** today
 - ✓ The united states generates the highest coffee market revenue worldwide. Aprox **85 billion us dollars**.
 - ✓ The average **U.S coffee drinker** consumes between **2 and 3 cups of coffee** each day.
 - ✓ Over **2 billion cups of coffee** are consumed worldwide every day
 - ✓ Caffeine not only helps **with energy boost**, it helps as well with: **lowering the risk of liver cancer, protection against parkinson disease, overall healthier heart**
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Mushroom/herb
coffee blend with
**adaptogenic
mushrooms** to give
you **calm & energy,**
sharp focus and
immune support.


ARDYSSLIFE®

WHY IS EVERYONE
DRINKING 7+1 DE
LEON COFFEE?



ARDYSSLIFE®



IT'S ALL ABOUT ITS BENEFITS!

Here is what our **4 adaptogenic mushrooms** and **3 herbs** bring to each cup!



CORDYCEPS

For all day **energy + stamina**

LION'S MANE

For **focus** and **mental clarity**

GANODERMA

For **immune & circulatory support**

CHAGA

For **vitality & anti-aging support**

MACA

For **dysfunction & antiinflammatory support**

GINSENG

For **overall well-being**

TONGTAK ALI

For **antimicrobial, aphrodisiac, anti diabetic support**

COFFEE

For **antioxidant support**



CORDYCEPS

First discovered high in the Himalayan plateaus over 2000 years ago, Cordyceps increases oxygenation to sustain energy and support rapid recovery.

- ✓ Potent antioxidant
- ✓ Improves physical stamina
- ✓ Reduces fatigue
- ✓ Alleviates asthma & bronchitis



LION'S MANE



Buddhist monks used Lion's mane extensively to enhance focus and purpose in their study and meditation

- ✓ Enhances memory
- ✓ Stimulates neuron growth
- ✓ Improves focus and concentration



GANODERMA



Medicinal mushroom used in Chinese medicine for centuries

- ✓ Antioxidant
- ✓ Anti inflammatory
- ✓ Immune boosting effects



CHAGA

Known as the 'king of medicinal mushrooms' for its high antioxidant support

- ✓ Supports immunity and digestive support
- ✓ Protects your cells and inflammation
- ✓ Lowers cholesterol



ARDYSSLIFE®


HOW TO DRINK IT?



1 sachet in a cup of **hot water** **1 to 3 times a day**



Healthy habits to bring into summer

-  Eat with the season - A.K.A 
-  Pick up a morning workout routine
-  Hit up the local farmers market
-  Start an outside summer reading routine
-  Balance your energy with adaptogens
-  Pack a picnic and eat lunch outside
-  Keep your fridge stocked with fresh, nourishing foods

MORNING FOCUS ROUTINE

(for **early birds**)



6:00 AM

Wake up with the sun



6:30 AM

Get in some light movement



7:00 AM

Do 15 minutes of meditation



7:15 AM

Schedule your daily **to-do list**



7:30 AM

Sip our **7+1 coffee** in the morning sunshine



8:00 AM

Fuel your brain & body with our Ardyss Products