

# LE'VIVE GREEN™

## OFFICIAL WHITE PAPER

### COMPREHENSIVE RESEARCH ON THE BENEFITS\* OF LE'VIVE GREEN™

#### Introduction

This white paper aims to provide a comprehensive understanding of the health benefits associated with the daily consumption of Le'Vive Green™, a key part of the Le'Vive Essentials Cellular Nutrition System. This report aims to inform and educate consumers about the potential advantages of integrating a “shot” of Le'Vive Green™ into their daily wellness routine.

Le'Vive Green™ is a premium daily health supplement juice carefully crafted to support overall digestive health and microbiome balance and support. It plays a key role in preparing the digestive system to optimally absorb vital micronutrients and promote the nutrient synergy found in the other Le'Vive Essentials, being Le'Vive Red™ and Le'Vive Yellow™. It is formulated with a unique blend of natural ingredients, each selected for their exceptional health benefits for overall cellular nutrition.

#### General Overview of Le'Vive Green™

Le'Vive Green™ is a specially crafted health supplement juice that combines the power of natural ingredients to promote overall health and vitality. It is formulated with a blend of Aloe Vera juice, Milk Thistle Extract, Alfalfa Herb Extract, Artichoke Extract, Senna Leaf Extract, Gamma Oryzanol, Licorice Extract, Schizandra Berry Extract, Ginger Root Extract, and Mulberry Leaf Extract. These ingredients work synergistically to deliver a comprehensive range of health benefits.

#### Primary Benefits of Le'Vive Green™

The daily consumption of Le'Vive Green™ offers numerous advantages that contribute to improved vitality and overall wellness. These benefits are attributed to the synergistic effects of the carefully selected



ingredients and their individual properties. By incorporating Le'Vive Green™ into their lifestyle, individuals may experience the following benefits:

#### Enhanced Digestion

Le'Vive Green™ contains ingredients like Aloe Vera juice, Licorice Extract, and Ginger Root Extract, known for their digestive support properties. These ingredients help soothe the digestive system, alleviate gastrointestinal discomfort, and promote healthy bowel movements.

#### Improved Liver Function

Milk Thistle Extract, Artichoke Extract, and Schizandra Berry Extract are key components of Le'Vive Green™ that have been traditionally used to support liver health. These ingredients aid in detoxification processes, enhance liver function, and protect the liver from oxidative damage.

#### Increased Antioxidant Activity

Le'Vive Green™ is rich in natural antioxidants sourced from ingredients such as Aloe Vera juice, Gamma Oryzanol, and Mulberry Leaf Extract. These antioxidants help neutralize harmful free radicals, reducing oxidative stress and supporting overall cellular health.

#### Strengthened Immune System

Several ingredients in Le'Vive Green™, including Aloe Vera juice, Schizandra Berry Extract, and Ginger Root Extract, possess immune-

\*The statements contained in this report nor the combined ingredients of this product have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Please consult a physician before beginning any supplementation, especially if you are pregnant, nursing, or currently taking prescription medications for any condition.

<b>Supplement Facts</b>	
Serving Size	1 fl oz (30 ml)
Servings per container	25
<b>Amount Per Serving</b>	
	<b>% Daily Value</b>
Calories	15
Sodium	5 mg
<b>Total Carbohydrate</b>	3.5 g
Dietary Fiber	0.5 g
Sugars	3 g †
<b>Aloe Vera Juice (from concentrate)</b>	7.5 g †
<b>Milk Thistle Extract</b>	180 mg †
<b>Alfalfa Herb Extract</b>	120 mg †
<b>Artichoke Extract</b>	120 mg †
<b>Senna Leaf Extract</b>	120 mg †
<b>Gamma Oryzanol</b>	120 mg †
<b>Licorice Extract Deglycyrrhizinated</b>	60 mg †
<b>Schizandra Berry Extract</b>	60 mg †
<b>Ginger Root Extract</b>	1.5 mg †
<b>Sodium Copper Chlorophyllin (mulberry leaf extract)</b>	1.2 mg †

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Purified water, fructose, glycerine, soluble corn fiber (Fibersol), citric acid, apple fiber, natural flavors, xanthan gum and malic acid.

enhancing properties. Regular consumption of Le'Vive Green™ can help fortify the immune system, supporting the body's natural defense mechanisms.

### Reduced Inflammation

Certain ingredients in Le'Vive Green™, such as Ginger Root Extract, Licorice Extract, and Artichoke Extract, have anti-inflammatory properties. These ingredients may help reduce inflammation in the body, promoting overall comfort and well-being.

### Balanced Blood Sugar Levels

Mulberry Leaf Extract, found in Le'Vive Green™, has been traditionally used to help maintain healthy blood sugar levels. Incorporating Le'Vive Green™ into a balanced diet and lifestyle can support healthy glucose

metabolism and contribute to stable energy levels.

### Detoxification Support

Ingredients like Aloe Vera juice, Senna Leaf Extract, and Alfalfa Herb Extract in Le'Vive Green™ aid in natural detoxification processes, assisting the body in eliminating toxins and waste products. This support promotes optimal organ function and overall well-being.

### Overall Energy Boost

The combination of ingredients in Le'Vive Green™ provides essential nutrients, vitamins, and minerals that contribute to increased energy levels. Regular consumption can help combat fatigue, enhance vitality, and improve overall stamina.

### Enhanced Nutrient Absorption

When the gut microbiome are in balance, this creates the ideal digestive scenario to enhance and increase the absorption of important nutrients - vitamins & minerals and ensure their delivery to the cells where they are most needed. This includes micronutrients gained from the foods we eat, the drinks we consume, and other supplements we may take.

### Improved Mood and Cognition

It is known that over 95% of Serotonin is generated from our digestive system, which is a critical part of our positive moods and general state of happiness. Not only does the serotonin affect our mental condition from a state of mental health, it also elevates our focus and cognition, reducing "brain fog", a common condition related to a decrease in serotonin levels.

## Synergistic Effects of Le'Vive Green™ Ingredients

One of the unique aspects of Le'Vive Green™ is the synergistic effects of its carefully selected ingredients. The combination of these ingredients works harmoniously to enhance their individual benefits, delivering a comprehensive approach to health and wellness. The interaction between the ingredients in Le'Vive Green™ creates a powerful synergy, amplifying the overall effectiveness of the supplement.

The synergistic effects of the ingredients in Le'Vive Green™ promote optimal nutrient absorption, support cellular health, and help maintain a balanced internal environment. By combining these ingredients, Le'Vive Green™ ensures that individuals receive a holistic blend of essential nutrients and bioactive compounds, supporting multiple aspects of



health simultaneously.

The unique formulation of Le'Vive Green™ takes advantage of the complementary properties of each ingredient, resulting in a product that offers greater benefits than the sum of its parts. This synergy allows individuals to conveniently and effectively support their overall well-being by incorporating a "shot" of Le'Vive Green™ into their daily routine.

## Research of Le'Vive Green™ Ingredients

This section provides detailed descriptions of each ingredient present in Le'Vive Green™, highlighting their scientific names, origins, and individual health benefits. Each description is supported by relevant studies and research findings.

### Aloe Vera Juice

Aloe Vera has been extensively studied for its medicinal properties. It contains various bioactive compounds, including vitamins, minerals, enzymes, and polysaccharides. Research suggests that Aloe Vera juice may have anti-inflammatory, antioxidant, and immunomodulatory effects<sup>[1]</sup>. Furthermore, it has been shown to improve digestion, promote skin health, and support immune function.<sup>[2][3]</sup>

### Milk Thistle Extract

Milk Thistle Extract, derived from the plant *Silybum marianum*, is rich in flavonolignans collectively known as silymarin. Numerous studies have demonstrated the hepatoprotective properties of Milk Thistle Extract. Silymarin exhibits antioxidant and anti-inflammatory effects and has been shown to support liver health, protect against liver damage, and assist in liver detoxification.<sup>[4][5]</sup>

### Alfalfa Herb Extract

Alfalfa Herb Extract is derived from the *Medicago sativa* plant and has been used for centuries due to its rich nutrient profile. It is a rich source of vitamins, minerals, antioxidants, and phytochemicals. Research suggests that Alfalfa Herb Extract may have cholesterol-lowering effects, promote heart health, support digestion, and possess anti-inflammatory properties.<sup>[6][7]</sup>

### Artichoke Extract

Artichoke Extract contains compounds such as cynarin and flavonoids, which have been studied for their hepatoprotective and choleric properties. Artichoke Extract has been shown to support liver function, aid in digestion, and promote bile production.<sup>[8][9]</sup>

### Senna Leaf Extract

Senna Leaf Extract has been traditionally used as a laxative. The active compounds in Senna Leaf Extract, known as anthraquinones, stimulate bowel movements and alleviate constipation. Studies have demonstrated its efficacy in relieving occasional constipation and promoting regular bowel movements.<sup>[10][11]</sup>

### Gamma Oryzanol

Gamma Oryzanol possesses antioxidant, anti-inflammatory, and lipid-lowering properties. Research suggests that Gamma Oryzanol may help reduce cholesterol levels, support cardiovascular health, and alleviate menopausal symptoms.<sup>[12][13]</sup>

### Licorice Extract

Licorice Extract contains compounds such as glycyrrhizin and flavonoids, which exhibit anti-inflammatory, antioxidant, and immunomodulatory effects. Licorice Extract has been studied for its potential to support gastrointestinal health, soothe respiratory symptoms, and promote hormonal balance.<sup>[14][15]</sup>

### Schizandra Berry Extract

Schizandra Berry Extract has a long history of use in traditional Chinese medicine. It contains lignans, antioxidants, and other bioactive compounds. Research suggests that Schizandra Berry Extract may have adaptogenic properties, supporting stress management, liver health, cognitive function, and overall well-being.<sup>[16][17]</sup>

### Ginger Root Extract

Ginger Root Extract is derived from the *Zingiber officinale* plant and has been used for centuries due to its medicinal properties. It contains gingerol and other bioactive compounds known for their anti-inflammatory and antioxidant effects. Ginger Root Extract has been shown to alleviate nausea, support digestion, reduce muscle soreness, and possess potential anti-cancer properties.<sup>[18][19]</sup>

### Mulberry Leaf Extract

Mulberry Leaf Extract has been used in traditional medicine for its various health benefits. It contains compounds such as flavonoids and resveratrol, which have antioxidant, anti-inflammatory, and antidiabetic properties. Research suggests that Mulberry Leaf Extract may help regulate blood sugar levels, promote cardiovascular health, and possess neuroprotective effects.<sup>[20][21]</sup>



## Footnotes:

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