

LE'VIVE YELLOW™

OFFICIAL WHITE PAPER

COMPREHENSIVE RESEARCH ON THE BENEFITS* OF LE'VIVE YELLOW™

LeVive Yellow™ is a key part of ArdyssLife's exclusive nutritional system which is made up of selected ArdyssLife products - including LeVive Red™ and LeVive Green™ - which when combined, create a powerful integration that focuses on the absolute daily essentials needed to sustain optimum cellular health!

LeVive Yellow™ is a health supplement juice formulated with a unique combination three blends of ingredients. These are a Vitamins & Minerals Blend, a Proprietary Fruit Juice Blend, and a Proprietary Herbal Extract Blend. This report aims to explore the health benefits of the combined ingredients found in LeVive Yellow™, backed by scientific research and credible sources. As you will see in the following research, LeVive Yellow™ not only offers the key micronutrients needed to daily "feed" our body's cells, it also provides health and wellness benefits throughout the body.

Vitamins & Minerals Blend Benefits

LeVive Yellow™ contains a combination of vitamins and minerals such as Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B6, Biotin, Pantothenic Acid, Calcium, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, and Potassium can provide various health benefits. Here's a brief overview of the potential benefits associated with the Vitamins & Minerals found in LeVive Yellow™:

Overall Immune Support

Vitamins A, C, D, E, and various minerals like Zinc, Selenium, and Copper play crucial roles in supporting a healthy immune system. They can enhance immune function, help fight off infections, and promote overall immune health.

Antioxidant Protection

Vitamins C, E, and Selenium are potent antioxidants that help neutralize



harmful free radicals in the body, reducing oxidative stress and protecting cells from damage. They have been associated with a lower risk of chronic diseases, such as heart disease and certain types of cancer.

Bone Health

Vitamin D, along with Calcium and Magnesium, plays a vital role in maintaining healthy bones and teeth. These nutrients support bone mineralization, absorption of calcium, and overall bone density.

Energy Production

B-vitamins like Thiamin, Riboflavin, Niacin, Vitamin B6, Biotin, and Pantothenic Acid are involved in energy metabolism. They help convert carbohydrates, proteins, and fats into usable energy, supporting optimal energy production in the body.

Cognitive Function

Several nutrients, including Vitamin E and B-vitamins, have been linked to brain health and cognitive function. They support neurological processes, help protect brain cells, and may have a positive impact on memory and cognitive performance.

Heart Health

Some of the nutrients in LeVive Yellow™, such as Vitamin E, Magnesium, and Potassium, have been associated with heart health.

*The statements contained in this report nor the combined ingredients of this product have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Please consult a physician before beginning any supplementation, especially if you are pregnant, nursing, or currently taking prescription medications for any condition.

Supplement Facts		
Serving Size	1 fl oz (28.41 ml)	
Servings per Container	26	
Amount per Serving	% Daily Value*	
Calories	25	
Total Carbohydrates	6 g	2 %*
Sugars	6 g	†
Vitamin A	5,000 IU	100 %
(50% as beta carotene and 50% as vitamin A palmitate)		
Vitamin C (as ascorbic acid)	500 mg	833 %
Vitamin D (as cholecalciferol)	200 IU	50 %
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100 %
Vitamin K (as phytonadione)	40 mcg	50 %
Thiamin (as thiamine hydrochloride)	1.5 mg	100 %
Riboflavin (as riboflavin-5 phosphate)	1.7 mg	100 %
Niacin (as niacinamide)	20 mg	100 %
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100 %
Biotin (as d-biotin)	150 mcg	50 %
Pantothenic Acid (as calcium pantothenate)	10 mg	100 %
Calcium (as calcium chloride)	50 mg	5 %
Magnesium (as magnesium sulfate)	20 mg	5 %
Zinc (as zinc sulfate)	15 mg	100 %
Selenium (as sodium selenite)	70 mcg	100 %
Copper (as cupric sulfate)	1 mg	50 %
Manganese (as manganese chelate)	2 mg	100 %
Chromium (as chromium polynicotinate)	120 mcg	100 %
Potassium (as potassium citrate)	75 mg	2 %
Proprietary fruit concentrated blend (white grape, pineapple, passion fruit, orange, mango, papaya, lemon)	7.5 mg	†
Proprietary herbal extract blend (Schizandra Berry, Eleuthero Root, Guarana Seed, Kelp, Spirulina, Chlorella, Wheat Grass, Hawthorn Berry, Suma,	0.03 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Purified Water, Aloe Vera Juice (reconstituted), Isomaltulose, Natural Flavors, Glycerin, Ethoxylated Castor Oil, Citrus Pectin, Citric Acid and Stevia.

They can help regulate blood pressure, support healthy cholesterol levels, and promote overall cardiovascular well-being.

Nutrient Synergy

The combination of various vitamins and minerals in Le'Vive Yellow™ation can work synergistically to support overall health and well-being. Nutrient deficiencies can have a negative impact on various bodily functions, and a comprehensive supplementation can help bridge nutritional gaps and promote optimal health.

Vitamins & Minerals Blend Individual Ingredients

The Vitamins & Minerals Blend in Le'Vive Yellow™ is composed of essential vitamins known for their important roles in maintaining overall cellular health and well-being. Here is a summary of the health benefits associated with each of these key micronutrients:

Vitamin A: This vitamin is crucial for vision, immune function, and cellular growth and differentiation¹. It also acts as an antioxidant, protecting cells from damage caused by free radicals².

Vitamin C: Known for its antioxidant properties, vitamin C supports immune function, collagen synthesis, wound healing, and iron absorption³. It also plays a vital role in the health of skin, bones, and teeth.

Vitamin D: Vitamin D is essential for bone health as it helps in the absorption of calcium and phosphorus⁴. It also contributes to immune function and plays a role in cell growth and differentiation.

Vitamin E: As an antioxidant, vitamin E helps protect cells from oxidative stress⁵. It also supports immune function and is involved in maintaining healthy skin and eyes.

Vitamin K: Vitamin K is necessary for proper blood clotting⁶. It also plays a role in bone metabolism and may have anti-inflammatory effects.

Thiamin (Vitamin B1): Thiamin is involved in energy metabolism and supports normal nerve function⁷. It is essential for the proper functioning of the heart, muscles, and nervous system.

Riboflavin (Vitamin B2): Riboflavin is important for energy production and the metabolism of fats, carbohydrates, and proteins⁸. It also acts as an antioxidant and supports healthy skin, eyes, and red blood cell production.

Niacin (Vitamin B3): Niacin is involved in energy metabolism and DNA repair. It helps maintain healthy skin, supports brain function, and has a positive impact on cholesterol levels⁹.

Vitamin B6: Vitamin B6 is essential for the metabolism of amino

acids and neurotransmitters¹⁰. It supports brain development, immune function, and the formation of red blood cells.

Biotin (Vitamin B7): Biotin plays a key role in metabolism and helps convert food into energy¹¹. It also supports the health of hair, skin, and nails.

Pantothenic Acid (Vitamin B5): Pantothenic acid is involved in energy production and the synthesis of important molecules, such as hormones and cholesterol¹². It supports skin health and aids in wound healing.

Calcium: Calcium is essential for healthy bones and teeth. It also plays a role in muscle function, nerve signaling, and blood clotting¹³.

Magnesium: Magnesium is involved in numerous biochemical reactions in the body and contributes to bone health, muscle function, and energy production¹⁴.

Zinc: Zinc is essential for immune function, wound healing, and cell division¹⁵. It also supports normal growth and development during pregnancy, childhood, and adolescence.

Selenium: Selenium acts as an antioxidant and supports the immune system¹⁶. It also plays a role in thyroid hormone metabolism.

Copper: Copper is involved in the formation of red blood cells and connective tissues. It also acts as an antioxidant and supports iron absorption¹⁷.

Manganese: Manganese is necessary for the metabolism of carbohydrates, proteins, and cholesterol¹⁸. It also acts as an antioxidant and supports bone health.

Chromium: Chromium plays a role in glucose metabolism and may help regulate blood sugar levels¹⁹. It also supports insulin action and has been studied for its potential effects on weight management.

Potassium: Potassium is essential for maintaining proper fluid balance, nerve function, and muscle contractions²⁰. It also supports heart health and helps lower blood pressure.

Proprietary Fruit Juice Blend Benefits

The Fruit Juice Blend in Le'Vive Yellow™ combines white grape, pineapple, passion fruit, orange, mango, papaya, and lemon which can offer several health benefits. Here are some of the potential benefits associated with the Proprietary Fruit Juice Blend found in Le'Vive Yellow™:

Rich in Antioxidants

All the mentioned fruits are excellent sources of antioxidants, which

help combat oxidative stress in the body and protect cells from damage. Antioxidants are known to support overall health and may reduce the risk of chronic diseases.

Immune Boosting

Citrus fruits like oranges and lemons are renowned for their high vitamin C content, which plays a crucial role in supporting a healthy immune system. Regular intake of these fruits can enhance immune function and reduce the likelihood of infections.

Digestive Health

Papaya and pineapple contain enzymes (papain and bromelain, respectively) that aid digestion by breaking down proteins and promoting nutrient absorption. These fruits may help alleviate digestive issues and improve overall gut health.

Heart Health

The combination of white grape and passion fruit in Le'Vive Yellow™ provides a good dose of heart-healthy antioxidants, such as flavonoids and polyphenols. These compounds have been associated with a reduced risk of heart disease by improving cholesterol levels and reducing inflammation.

Hydration and Nutrient Intake

Mango and papaya are hydrating fruits with high water content, providing essential fluids to the body. Additionally, these fruits are rich in vitamins, minerals, and dietary fiber, contributing to a well-rounded nutritional profile.

Skin Health

The presence of vitamin C, antioxidants, and other nutrients in these fruits can support healthy skin by promoting collagen synthesis, protecting against UV damage, and enhancing skin elasticity.

Proprietary Fruit Juice Blend Individual Ingredients

The Proprietary Fruit Juice Blend in Le'Vive Yellow™ comprises white grape, pineapple, passion fruit, orange, mango, papaya, and lemon. Each fruit contributes unique nutritional benefits:

White Grape: White grapes are rich in antioxidants, including resveratrol, which has been associated with various health benefits, including cardiovascular health²¹.

Pineapple: Pineapple contains bromelain, an enzyme that aids in digestion and has anti-inflammatory properties²². It also provides



vitamin C and manganese.

Passion Fruit: Passion fruit is a rich source of vitamins A and C, fiber, and antioxidants²³. It may support immune function, heart health, and digestion.

Orange: Oranges are well-known for their high vitamin C content, supporting immune function, collagen synthesis, and antioxidant activity²⁴. They also provide folate and potassium.

Mango: Mangoes are rich in vitamins A and C, fiber, and antioxidants. They may support immune function, eye health, and digestion²⁵.

Papaya: Papaya is an excellent source of vitamin C, vitamin A, and folate. It contains an enzyme called papain, which aids in digestion²⁶. Papaya also provides antioxidants, fiber, and potassium.

Lemon: Lemons are a good source of vitamin C and provide antioxidants, including flavonoids. They may have antimicrobial and detoxifying properties²⁷.

Proprietary Herbal Extract Blend Benefits

The Proprietary Herbal Extract Blend found in Le'Vive Yellow™ has a combination of extracts from Schizandra Berry, Eleuthero Root, Guarana Seed, Kelp, Spirulina, Chlorella, Wheat Grass, Hawthorn Berry, and Suma that can provide several potential health benefits. Here's a brief overview of the benefits associated with the Proprietary Herbal Extract Blend in Le'Vive Yellow™:

Adaptogenic Properties

Both Schizandra Berry and Eleuthero Root are considered adaptogens, which means they can help the body adapt to stress and promote overall well-being. They may support the body's resilience, reduce fatigue, and enhance mental and physical performance.

Energy Boost

Guarana Seed is known for its natural caffeine content, which can provide a natural energy boost. It may help increase alertness, improve focus, and combat fatigue.

Thyroid Support

Kelp, a type of seaweed, is rich in iodine, a mineral essential for proper thyroid function. Adequate iodine intake is crucial for maintaining a healthy metabolism and optimal thyroid hormone production.

Detoxification and Nutrient Support

Spirulina and Chlorella are nutrient-dense algae known for their

detoxifying properties. They can help remove heavy metals and toxins from the body, while also providing a wide range of essential nutrients such as vitamins, minerals, and antioxidants.

Antioxidant and Anti-inflammatory Effects

Wheat Grass is packed with chlorophyll, antioxidants, and enzymes that possess anti-inflammatory properties. It may help protect cells against oxidative stress, support detoxification processes, and promote overall wellness.

Heart Health

Hawthorn Berry has been traditionally used to support cardiovascular health. It may help improve blood circulation, support healthy blood pressure levels, and provide antioxidant protection to the heart.

Overall Well-being and Stamina

Suma, also known as "Brazilian Ginseng," is an adaptogenic herb that has been used to enhance vitality, boost endurance, and support overall well-being. It may help improve physical performance, reduce fatigue, and promote a sense of vitality.

Proprietary Herbal Extract Blend Individual Ingredients

The Proprietary Herbal Extract Blend in Le'Vive Yellow™ contains several plant extracts known for their potential health benefits:

Schizandra Berry: Schizandra berry has been traditionally used in Chinese medicine for its adaptogenic and hepatoprotective properties²⁸. It may support liver health, cognitive function, and stress management.

Eleuthero Root (Siberian Ginseng): Eleuthero root has adaptogenic properties and is believed to enhance stamina, reduce fatigue, and support immune function²⁹.

Guarana Seed: Guarana seed contains caffeine and has stimulant properties³⁰. It may help improve focus, mental alertness, and physical endurance.

Kelp: Kelp is a type of seaweed rich in iodine, essential for thyroid hormone production³¹. It also provides other minerals and antioxidants.

Spirulina: Spirulina is a blue-green algae known for its high protein content and nutritional profile³². It provides essential amino acids, vitamins, minerals, and antioxidants.

Chlorella: Chlorella is a freshwater algae that contains vitamins, minerals, antioxidants, and chlorophyll³³. It has been studied for its



potential detoxifying and immune-supporting effects.

Wheat Grass: Wheat grass is rich in chlorophyll, vitamins, minerals, and antioxidants. It has been studied for its potential anti-inflammatory and antioxidant properties³⁴.

Hawthorn Berry: Hawthorn berry has traditionally been used for cardiovascular health. It may support healthy blood pressure, improve blood flow, and have antioxidant effects³⁵.

Suma: Suma, also known as Brazilian ginseng, is believed to have adaptogenic properties and may support immune function and physical endurance³⁶.

Le'Vive Yellow™ Research Report Conclusion

It is clear that the Le'Vive Yellow™ combination of the three blends provides a wide range of potential cellular health and overall health and wellness benefits. The Vitamins & Minerals Blend contributes to overall health and well-being, supporting various bodily functions. The Proprietary Fruit Juice Blend adds nutritional value, antioxidants, and natural flavors. The Proprietary Herbal Extracts Blend incorporates plant, berry, and root extracts with potential adaptogenic, antioxidant, and health-promoting properties.

It is important to note that while the individual ingredients in Le'Vive Yellow™ have been studied for their potential benefits, further research is needed to specifically evaluate the effects of the full combined formulation. Nevertheless, the diverse and unique range of ingredients found in Le'Vive Yellow™ offers a promising combination that may contribute to your cellular nutrition and overall health and vitality, truly helping you to Age Well.

Footnotes:

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