

## NUTRI SHAKE<sup>™</sup>.

Powerful Protein Nutrition

27g OF PURE STRENGTH!

Fueling your body .
with essential
AMINO ACIDS DAILY!

# HOW CAN ONE SCOOP OF **NUTRISHAKE**<sup>TM</sup> BENEFIT YOUR BODY?

NutriShake™ Vanilla is a high-quality protein drink enriched with Glutathione, known as the "master of antioxidants." Each serving combines 27 g of protein, 9 essential amino acids, glutamine, arginine, plus vitamins and minerals. With a smooth, creamy consistency and delicious flavor, it delivers complete nutrition for the entire family and is suitable for all ages.





#### **WEIGHT MANAGEMENT:**

Provides satiety and supports balanced nutrition.



#### **LEAN MUSCLE MASS:**

With 27 g of protein per serving, it promotes strong and defined muscles.



#### **FASTER RECOVERY:**

Supports muscle repair after exercise.



#### **DAILY VITALITY:**

Boosts physical energy and mental clarity.



### Part of the ArdyssLife Essentials – Energy & Recovery Cellular System

NutriShake<sup>TM</sup> Vanilla provides the nutrition your body needs to perform at its best. Each serving combines high-quality protein, essential amino acids, and antioxidants that work at the cellular level to improve strength, energy, and overall wellness.

How to Take: For weight loss: Replace a meal (once or twice a day) with 1 scoop mixed in a glass of water (8 oz.).

For weight gain: Complement your meals with NutriShake, mixing 1 measuring scoop in a glass of water or skim milk (8 oz.).

#### NUTRITION FACTS

1 Scoop (30g)

Serving Size

Servings Per Container		17
	Amount	% Daily
	Per Serving	Values
Calories	120	
Calories from Fat	10	3%
Total Fat	1g	3%
Saturated Fat	0g	0%
Trans Fat	Og	
Cholesterol	5mg	1%
Sodium	95mg	9%
<b>Total Carbohydrate</b>	1g	0%
Dietary Fiber	Og	0%
Sugars	Og	
Protein	27g	52%
Calcium	125mg	10%
Iron	1mg	6%

Potassium	240mg	6%
Added	Ingredients	
Glutathione		100mg
Essential		
Leucine (BCAA)		2,877 mg
Isoleucine (BCAA)	ř .	1,468mg
Valine (BCAA)		1,444mg
Histidine		440mg
Lysine		2,346 mg
Methionine		566 mg
Phenylalanine		774 mg
Threonine		1,714mg
Tryptophan		425 mg
Conditionally Esse	ntial	
Glutamine*		4,422 mg
Arginine		688 mg
Cysteine		522 mg
Glycine		455 mg
Tryosine		691 mg
Non-Essential		
Aspartic Acid		2,601 mg
Alanine		1,235 mg
Proline		1,445 mg
Serine		1,256 mg

#### **MEET THE STAR NUTRIENTS**



#### PROTEIN

Supports muscle development and weight management.



Promote growth and tissue repair.



#### **GLUTAMINE**

Aids muscle recovery and supports immunity.



#### **ARGININE**

Enhances circulation, oxygen delivery, and performance.





## VITAMINS & MINERALS:

Boost daily energy and improve mental focus.

VISIT ARDYSSLIFE.COM TO LEARN MORE!

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

