

OMEGA 369™

**Cellular Balance
& Antioxidant Support**



HOW CAN **OMEGA 369™** SUPPORT YOUR HEART AND MIND HEALTH?

Omega 369™ is an advanced formula of essential fatty acids (EFA) combining Omega-3, Omega-6, and Omega-9, also known as the “good fats.” These essential fatty acids help maintain cardiovascular health, support brain function, and promote overall well-being.

Enriched with fish oil, flaxseed oil, and evening primrose oil, Omega 3-6-9™ helps maintain cellular balance and sup-



CARDIOVASCULAR HEALTH

Promotes better nervous system function.



NERVOUS AND BRAIN SUPPORT

May help increase energy levels.



CELLULAR BALANCE

Contributes to healthy weight loss.



Part of ArdyssLife Innovation – Cardio-vascular & Cognitive System

Omega 369™ provides an essential combination of natural oils that work at the cellular level to support heart, brain, and nervous system health.



SUPPLEMENT FACTS

Serving Size	1 Softgel	
Servings per Container	60	
Calories from Fat	9 Kcal	
Amount per Serving	% Daily Value	
Vitamin E		
(dl-alpha-tocopheryl acetate)	5 IU	17%
Proprietary Blend	1,200 mg	†
(Marine Lipid Concentrate, Evening primrose oil; Flaxseed Oil)		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

How to Take: Take 1 to 4 capsules a day, preferably after a meal.

MEET THE STAR NUTRIENTS



FISH OIL

Rich source of Omega-3, supports cardiovascular health.

FLAXSEED OIL

Provides Omega-6 and Omega-9 for cellular balance.



EVENING PRIMROSE OIL

Promotes hormonal and nervous system wellness.

VITAMIN E

Powerful antioxidant that protects cells from oxidative damage.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease